

# *Sophia's at Walden* SUNDAY BRUNCH MENU

## Eggs Benedict Collection

(SERVED WITH YOUR CHOICE OF POTATOES O'BRIAN OR SIDE FIELD GREEN SALAD)

### CLASSIC EGGS BENEDICT 12

WITH HAM AND POACHED EGGS ON CIABATTA FINISHED  
WITH HOLLANDAISE SAUCE

### SOUTHWEST BENEDICT 14

WITH FRESH CHORIZO SAUSAGE AND POACHED EGGS ON  
CIABATTA FINISHED WITH ROASTED RED PEPPER HOLLANDAISE

### SURF & TURF BENEDICT 19

WITH ONE CRAB CAKE, ONE FILET AND POACHED EGGS ON  
BRIOCHE FINISHED WITH HOLLANDAISE SAUCE

### CRAB CAKE BENEDICT 19

WITH BROILED JUMBO LUMP CRAB CAKE AND POACHED EGGS  
ON BRIOCHE FINISHED WITH HOLLANDAISE SAUCE

### CAPRESE BENEDICT 15

WITH TOMATOES, SPINACH, FRESH MOZZARELLA AND  
POACHED EGGS ON CIABATTA FINISHED WITH  
PESTO HOLLANDAISE SAUCE

### CALIFORNIA BENEDICT 15

GRILLED MULTIGRAIN BREAD TOPPED WITH FRESH  
SMASHED AVOCADO, ROASTED TOMATOES, RED ONION,  
ASPARAGUS AND POACHED EGGS FINISHED WITH PESTO  
HOLLANDAISE SAUCE

## French Toast, Pancakes & Waffles

### BANANAS FOSTER FRENCH TOAST 15

HOMEMADE GREEK SWEET BREAD DIPPED IN FRENCH TOAST  
BATTER AND GRILLED TO PERFECTION FINISHED WITH  
FLAMBÉED BANANAS IN A BROWN SUGAR GLAZE

### MIXED BERRY WAFFLE 15

SWEET CREAM WAFFLE TOPPED WITH A MIX OF FRESH  
SEASONAL BERRIES FINISHED WITH A MELBA DRIZZLE AND  
FRESH WHIPPED CREAM

### CINNAMON ROLL PANCAKES 12

SWEET CREAM PANCAKES WITH A CINNAMON SWIRL FINISHED  
WITH A CREAM CHEESE DRIZZLE SERVED WITH YOUR  
CHOICE OF HAM, BACON OR SAUSAGE

### SAUSAGE & CHEDDAR WAFFLE 15

SWEET CREAM WAFFLE TOPPED WITH MAPLE SAUSAGE AND  
CHEDDAR JACK CHEESE WITH EGGS ANY STYLE  
SERVED WITH PURE MAPLE SYRUP ON THE SIDE

## Eggs, Omelets & Oatmeal

### EGGS TOAST & POTATOES 6

2 EGGS ANY STYLE SERVED WITH POTATOES O'BRIAN AND  
CHOICE OF TOAST

### EGGS TOAST POTATOES & CHOICE OF MEAT 8

2 EGGS ANY STYLE SERVED WITH POTATOES O'BRIAN AND  
CHOICE OF TOAST AND BREAKFAST MEAT

### BAKED MIXED BERRY NUT OATMEAL 7

### OATMEAL WITH BROWN SUGAR & MILK 6

### THREE MEAT OMELET 12

BACON, HAM, SAUSAGE AND CHEDDAR JACK CHEESE SERVED  
WITH POTATOES O'BRIAN AND CHOICE OF TOAST

### ROASTED VEGETABLE OMELET 12

ZUCCHINI, MUSHROOMS, PEPPERS, ONIONS, TOMATOES,  
SPINACH AND MOZZARELLA SERVED WITH  
POTATOES O'BRIAN AND CHOICE OF TOAST

### SOPHIA'S BRUNCH OMELET 12

CARAMELIZED ONION, GOAT CHEESE & CRIMINI MUSHROOMS  
SERVED WITH POTATOES O'BRIAN & CHOICE OF TOAST

## Sandwiches

(SERVED WITH YOUR CHOICE OF POTATOES O'BRIAN, SIDE FIELD GREEN SALAD OR SOUP)

### OPEN FACED TENDERLOIN SANDWICH 17

GRILLED TENDERLOIN OVER CIABATTA AND FRESH SPINACH DRIZZLED WITH HORSERADISH SAUCE AND TOPPED WITH FRIZZLED ONIONS

### GRILLED PEANUT BUTTER BANANA & BACON SANDWICH 12

BRIOCHE BREAD BUTTERED AND GRILLED WITH CRISP BACON, BANANA SLICES AND PEANUT BUTTER

### MONTE CRISTO SANDWICH 12

TURKEY, HAM, SWISS CHEESE AND RASPBERRY DIJON ON THICK CUT BRIOCHE BREAD DIPPED IN BATTER AND GRILLED

### OPEN FACED HOT TURKEY & BRIE SANDWICH 12

TURKEY AND BRIE ON TOASTED MULTI GRAIN BREAD WITH SPROUTS AND DRIZZLED WITH HONEY

### VEGETARIAN SANDWICH 12

ROASTED TOMATOES, ASPARAGUS, CARAMELIZED ONIONS AND AVOCADO SPREAD ON GRILLED MULTIGRAIN BREAD



## Salads

### ARUGULA & BERRY SALAD 15

FRESH ARUGULA TOPPED WITH A MIX OF FRESH SEASONAL BERRIES, TOASTED ALMONDS, FETA CHEESE, GRILLED CHICKEN FINISHED WITH POPPY SEED DRESSING

### SESAME CHICKEN SALAD 15

FIELD GREENS TOPPED WITH SUN DRIED CRANBERRIES, TOASTED ALMONDS, FETA CHEESE AND HAND BREADED SESAME CHICKEN FINISHED WITH BALSAMIC VINAIGRETTE

### RED BEET & MONTRECHET SALAD 15

FIELD GREENS TOPPED WITH RED BEETS, MONTRECHET CHEESE, TOASTED ALMONDS, BLUEBERRIES AND GRILLED CHICKEN FINISHED WITH A HONEY LEMON VINAIGRETTE

### SPINACH & CHICKEN SALAD 15

SPINACH TOPPED WITH GRILLED CHICKEN, APPLES, BLUEBERRIES, SHREDDED SWISS CHEESE, WALNUTS AND FINISHED WITH BALSAMIC VINAIGRETTE



## Children's Menu

### PANCAKES 6.95

2 SWEET CREAM PANCAKES SERVED WITH BUTTER AND SYRUP AND CHOICE OF HAM, BACON OR SAUSAGE

### CHOCOLATE CHIP PANCAKES 6.95

2 SWEET CREAM PANCAKES FULL OF CHOCOLATE CHIPS SERVED WITH BUTTER AND SYRUP AND CHOICE OF HAM, BACON OR SAUSAGE

### FRENCH TOAST 6.95

2 PIECES OF FRENCH TOAST SERVED WITH BUTTER AND SYRUP AND CHOICE OF HAM, BACON OR SAUSAGE

### GRILLED CHEESE 6.95

CHOICE OF BREAD WITH AMERICAN, CHEDDAR OR PROVOLONE CHEESE SERVED WITH APPLESAUCE, POTATOES O'BRIAN OR FRESH FRUIT

### PEANUT BUTTER & JELLY SANDWICH 6.95

CHOICE OF BREAD AND GRAPE JELLY, STRAWBERRY JAM OR SEASONAL PRESERVES SERVED WITH YOUR CHOICE OF APPLESAUCE, POTATOES O'BRIAN OR FRESH FRUIT

### TWO EGGS & TOAST 4.95

TWO EGGS ANY STYLE AND CHOICE OF TOAST