

Sophia's at Walden SUNDAY BRUNCH MENU

Eggs Benedict Collection

(SERVED WITH YOUR CHOICE OF POTATOES O'BRIAN OR SIDE FIELD GREEN SALAD)

CLASSIC EGGS BENEDICT 12

WITH HAM AND POACHED EGGS ON CIABATTA FINISHED WITH HOLLANDAISE SAUCE

SOUTHWEST BENEDICT 14

WITH FRESH CHORIZO SAUSAGE AND POACHED EGGS ON CIABATTA FINISHED WITH ROASTED RED PEPPER HOLLANDAISE

SURF & TURF BENEDICT 19

WITH ONE CRAB CAKE, ONE FILET AND POACHED EGGS ON BRIOCHE FINISHED WITH HOLLANDAISE SAUCE

CRAB CAKE BENEDICT 19

WITH BROILED JUMBO LUMP CRAB CAKE AND POACHED EGGS ON BRIOCHE FINISHED WITH HOLLANDAISE SAUCE

CALIFORNIA BENEDICT 15

GRILLED MULTIGRAIN BREAD TOPPED WITH FRESH SMASHED AVOCADO, ROASTED TOMATOES, RED ONION, ASPARAGUS AND POACHED EGGS FINISHED WITH PESTO HOLLANDAISE SAUCE



French Toast, Pancakes & Waffles

PUMPKIN FRENCH TOAST 15

HOUSE MADE GREEK SWEET BREAD DIPPED IN PUMPKIN LACED FRENCH TOAST BATTER GRILLED AND FINISHED WITH SUGARED PECANS AND PUMPKIN CARAMEL SAUCE AND FRESH WHIPPED CREAM

PECAN & ROASTED PEAR WAFFLE 14

SWEET CREAM PECAN WAFFLE TOPPED WITH WARM COINTREAU ROASTED PEARS FINISHED WITH FRESH WHIPPED CREAM AND A SPRINKLE OF CINNAMON

CINNAMON ROLL PANCAKES 12

SWEET CREAM PANCAKES WITH A CINNAMON SWIRL FINISHED WITH A CREAM CHEESE DRIZZLE SERVED WITH YOUR CHOICE OF HAM, BACON, SAUSAGE OR TURKEY SAUSAGE

SAUSAGE & CHEDDAR WAFFLE 15

SWEET CREAM WAFFLE TOPPED WITH MAPLE SAUSAGE AND CHEDDAR JACK CHEESE WITH EGGS ANY STYLE SERVED WITH BUTTER AND PURE MAPLE SYRUP ON THE SIDE



Eggs, Omelets & Oatmeal

EGGS TOAST & POTATOES 6

2 EGGS ANY STYLE SERVED WITH POTATOES O'BRIAN AND CHOICE OF TOAST

EGGS TOAST POTATOES & CHOICE OF MEAT 8

2 EGGS ANY STYLE SERVED WITH POTATOES O'BRIAN AND CHOICE OF TOAST AND BREAKFAST MEAT

BAKED MIXED BERRY NUT OATMEAL 7

OATMEAL WITH BROWN SUGAR & MILK 6

THREE MEAT OMELET 12

BACON, HAM, SAUSAGE AND CHEDDAR JACK CHEESE SERVED WITH POTATOES O'BRIAN AND CHOICE OF TOAST

ROASTED VEGETABLE OMELET 12

ZUCCHINI, MUSHROOMS, PEPPERS, ONIONS, TOMATOES, SPINACH AND MOZZARELLA SERVED WITH POTATOES O'BRIAN AND CHOICE OF TOAST

SOPHIA'S BRUNCH OMELET 12

CARAMELIZED ONION, GOAT CHEESE & CRIMINI MUSHROOMS SERVED WITH POTATOES O'BRIAN & CHOICE OF TOAST

Sandwiches

(SERVED WITH YOUR CHOICE OF POTATOES O'BRIAN, SIDE FIELD GREEN SALAD OR SOUP)

OPEN FACED TENDERLOIN SANDWICH 17

GRILLED TENDERLOIN OVER CIABATTA AND
FRESH SPINACH DRIZZLED WITH HORSERADISH SAUCE
AND TOPPED WITH FRIZZLED ONIONS

MONTE CRISTO SANDWICH 12

TURKEY, HAM, SWISS CHEESE AND RASPBERRY DIJON
ON THICK CUT BRIOCHE BREAD
DIPPED IN BATTER AND GRILLED

GRILLED PEANUT BUTTER BANANA & BACON SANDWICH 12

BRIOCHE BREAD BUTTERED AND GRILLED WITH CRISP
BACON, BANANA SLICES AND PEANUT BUTTER

OPEN FACED HOT TURKEY & BRIE SANDWICH 12

TURKEY AND BRIE ON TOASTED MULTI GRAIN
BREAD WITH SPROUTS AND DRIZZLED
WITH HONEY



Salads

ARUGULA & PEAR SALAD 15

FRESH ARUGULA TOPPED WITH SUGARED PECANS, FETA
CHEESE, ROASTED PEARS AND GRILLED CHICKEN FINISHED
WITH POPPY SEED DRESSING

SESAME CHICKEN SALAD 15

FIELD GREENS TOPPED WITH SUN DRIED CRANBERRIES,
TOASTED ALMONDS, FETA CHEESE AND HAND BREADED
SESAME CHICKEN FINISHED WITH BALSAMIC VINAIGRETTE

RED BEET & MONTRECHET SALAD 15

FIELD GREENS TOPPED WITH RED BEETS, MONTRECHET
CHEESE, TOASTED ALMONDS, BLUEBERRIES AND GRILLED
CHICKEN FINISHED WITH A HONEY LEMON VINAIGRETTE

SPINACH & CHICKEN SALAD 15

SPINACH TOPPED WITH GRILLED CHICKEN, APPLES,
CRUMBLLED BLEU CHEESE, WALNUTS AND
BALSAMIC VINAIGRETTE



Children's Menu

PANCAKES 6.95

2 SWEET CREAM PANCAKES SERVED WITH BUTTER AND
SYRUP AND CHOICE OF HAM, BACON OR SAUSAGE

CHOCOLATE CHIP PANCAKES 6.95

2 SWEET CREAM PANCAKES FULL OF CHOCOLATE CHIPS
SERVED WITH BUTTER AND SYRUP AND CHOICE OF HAM,
BACON OR SAUSAGE

FRENCH TOAST 6.95

2 PIECES OF FRENCH TOAST SERVED WITH BUTTER AND
SYRUP AND CHOICE OF HAM, BACON OR SAUSAGE

GRILLED CHEESE 6.95

CHOICE OF BREAD WITH AMERICAN, CHEDDAR OR
PROVOLONE CHEESE SERVED WITH APPLESAUCE, POTATOES
O'BRIAN OR FRESH FRUIT

PEANUT BUTTER & JELLY SANDWICH 6.95

CHOICE OF BREAD AND GRAPE JELLY, STRAWBERRY JAM
OR SEASONAL PRESERVES SERVED WITH YOUR CHOICE OF
APPLESAUCE, POTATOES O'BRIAN OR FRESH FRUIT

TWO EGGS & TOAST 4.95

TWO EGGS ANY STYLE AND CHOICE OF TOAST